

Stronger immunity helps our community



The vaccine helps protect us all

Covid19.govt.nz

New Zealand Government



The Mt. Vic Newsletter is proudly sponsored by Just Paterson

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Free Rides and In Home Vaccines

Free Rides to Vaccinations:

Age Concern Wellington Region is working in partnership with the Wellington City Council to offer free transport to seniors needing to get their Covid vaccination. If you live in the Wellington City area then get in touch with Age Concern if:

- You're over 65
- You have a booking for a Covid-19 vaccination
- You have no one else to help you get to the vaccination centre

Call Ann on 04 499 6648 and she'll arrange it for you.

Thanks to the Wellington City Council for their support and funding for this service. In-Home Vaccines:

For those who are not be able to go to a vaccine appointment because of mobility issues, in-home vaccines may be available. Call your DHB to have this organised for you.

Capital & Coast District Health Board: 04 385 5999

A Word From Grant Robertson

Right now, when it comes to Delta there is nothing that is more important than getting vaccinated. There are so many reasons to do it. To protect yourself, your children, your family. If you want to travel, if you are sick of lockdowns, whatever it is, now is the time. The vaccine is safe, it's free and there are places you could jump in the car and get it done right now with no appointment needed.



Even if you have a future booking you could do that, just remember to cancel your future booking if you do get it earlier.

Visit https://bookmyvaccine.covid19.health.nz/ to book your vaccination today.



Seeds to Feeds is a Summer-Long festival connecting communities around local food. Mt Victoria and Innermost Gardens have been supporting this food festival for the past two years but we would love to see more people from our community be a part of it. Over the coming months, lead by the core team at Innermost Gardens, there will be a chance to sow

and grow food at the community gardens and lots of other gardening activity workshops. All are welcome - check out their website or Facebook page - Innermost Gardens.

We will also be running workshops on foraging, preserving, natural dyeing and printing. To find out more and get involved email us athello@mtvichub.org.nz or follow us on Facebook Mt Vic Hub to find out more or Seeds to Feeds Festival to find out what is happening in other suburbs too.

Mt Vic Treasure Hunt Back for 2022

Following a two year hiatus we are delighted to be bringing back the Mt Vic Treasure Hunt in 2022. Last run in 2019, our most popular event drew people from across the city. A free, fun event for people of all ages, it's a great way to learn more about your neighbourhood! The event brings together a series of local groups, who open their spaces as 'stations' for fun activities, welcoming and uniting our community. The Hunt ends with food, music and spot prizes at Innermost Gardens. We would love to hear from those in Mt Victoria who would like to be part of the Treasure Hunts stations, have an idea for an activity, or would like to help organise the day. We'd also welcome ideas for the theme for the day. We've set the date for Sunday 10th April 2022, so we have time to make this our biggest and best Hunt yet!

If you'd like to find out more, or want to help out, please get in touch with Trish and Vicki at hello@mtvichub.org.nz or text/call 021 765525 Facebook: Mt Vic Hub or https://www.mtvichub.org.nz

Coming up at the Quakers:

Be part of the Film Club at the Quaker Meeting Friends House.

Free Movies the Second Saturday of each Month. Next Movie is on 13 November at 7pm. Quaker Friends Meeting House is at 7 Moncrieff Street. This month the movie is Patu! "Merata Mita's Patu! is a startling record of the mass civil disobedience that took place throughout NZ during the winter of 1981, in protest against a South African Rugby Tour" because of the South African policy of Apartheid. "This film is a tribute to the courage and faith of both marchers and a large team of filmmakers." Friends and Neighbours are welcome. Gather after for discussion and simple treats. For more information contact:wgtnquakers@gmail.com

Game Night in the Quaker Centre 19 November at 7 pm at 7 Moncrieff Street. Bring your favourite games and friends. It is a fun evening with lots of laughs and enjoyable chatter. We will share snacks and beverages.







Mt Victoria Residents Association News

Kia ora koutou!

What we're thinking about at the moment ...

Last month I talked about how councillors had shared with us the roadmap for consultation on the District Plan and Let's Get Wellington Moving programmes for the next nine or so months.

With that in mind, we've organised a public meeting in November for each of these. Councillors and members of the LGWM programme will be there to brief us on what to expect from each programme, what the options will look like, and how to have a say in the process.

District Plan

Public Meeting with councillors and WCC Staff

Tararua Tramping Club, Moncrieff Street 7:30pm, 8th November - Free event & all are welcome

Let's Get Wellington Moving **Public Meeting with councillors and WCC Staff** St Joseph's Church Hall, Brougham Street 7:45pm, 17th November

These two pieces of work will define how our city, and neighbourhood within it, will function and feel and look for not just ourselves, but our kids and grandkids. There's a lot to understand and we welcome your interest - we want to hear what you think of the ideas being presented, and we'd love your input into our response back to the programmes themselves.

And as always, if you've got something you want to share with us please contact us

Email us at mtvicra@gmail.com facebook.com/MtVictoriaResidents; twitter.com/MtVictoria2 Instagram/mtvicresidents Or call me on 021 188 7432 Cheers, Angela.

What is the District Plan?

The Wellington City District Plan sets out the policies and rules that Wellington City Council uses to manage the city's natural and built environment - sustainably, sensibly and fairly. It is a legal document which Wellington City Council is required to have under the Resource Management Act 1991 (the RMA). It helps WCC manage development of the city by regulating the environmental effects created by new buildings and activities. To find out more go to:

https://planningforgrowth.wellington.govt.nz/district-plan-review

What is Let's Get Wellington Moving?

Let's Get Wellington Moving is working with the people of Wellington to develop a transport system that supports your aspirations for how the city looks, feels, and functions. To support Wellington's growth while making it safer and easier to get around.

Let's Get Wellington Moving is a joint initiative between Wellington City Council, Greater Wellington Regional Council, and Waka Kotahi NZ Transport Agency. Their vision for Wellington is a great harbour city, accessible to all, with attractive places, shared streets, and efficient local and regional journeys.

To find out more go to - https://lgwm.nz

Public speaking a great life skill

Mt Victoria resident Michael Callan has noticed a big improvement in his public speaking skills. He joined the local Mt Victoria Toastmasters Club in June last year and hasn't looked back.

"I wanted to improve my communication and leadership skills," he said. "Communication is critical to my job. Toastmasters was a good way to practice and improve."

Originally from Ireland, he moved to New Zealand with his partner Siobhán, and a small group of other friends, almost three years ago. He brought over a decade of work experience with the Irish telecommun a chief advisor for a public sector regulator here too.



"It's crucial that you can talk well to senior people in your organisation because they're time-poor and need you to get across the most important points quickly and effectively. That means you need to structure what you want to say and think fast on your feet." He has moved rapidly through the Toastmasters Pathways programme and is about to finish Level 3 of the Persuasive Influence pathway and move onto Level 4. Last year, he won a club-level humorous speech contest and competed at area level. "It was fun!"

While the public-speaking practice he is getting is benefiting his work performance, Michael reckons it's a useful life skill in general.

"Going to Toastmasters has raised my awareness of what it takes to be a great communicator. It's a really important skill that can make your life easier and better. It teaches you how to express yourself, how to listen and how to speak up. "These are incredibly valuable skills for everyday life."

Mt Victoria Toastmasters meets every second Monday of the month, 7.30-9.30pm. Visitors are very welcome. From November 22nd, meetings will be at the Quaker Meeting House, 7 Moncrieff Street, Mt Victoria.

Please see our website (https://mtvictoastmasters.org.nz/) or facebook page for more details.

Feldenkrais Method -Awareness through Movement classes. Call Sue 0274667123 - Please note this has moved to the Quakers room, 7 Moncrieff St: Tuesday night 6 - 7pm

Well Balanced Yoga at the Tug Boat

Classes on Mon, Tues, Wed and Fri. More info: wellbalancedboat@gmail.com https://www.facebook.com/Wellbalance dboat or call 0274 953 052

PikoPiko Clyde Quay Kindergarten

Mon-Fri 8.45-2.45pm, @ Elizabeth & Brougham. Offers 20 hours ECE. 04.385.0441 or www.wmkindergartens.org.nz

Crossways Community Crèche at 61 Majoribanks St is a parent-run early learning centre for children aged 1 to 5. It is open Monday to Friday and offers 20 hours of state-funded ECE for over 3s. Contact us at 04 3848201 email julie@crosswayscreche.org.nz

Mt Victoria Toastmasters at Tararua Tramping Club, Moncrieff St. See Facebook or website for class times and dates - mtvictoastmasters.org.nz

One Mindful Breath is a meditation group based on secular Buddhist principles. Beginners and experienced meditators are welcome. We come together on a Wednesday evening to meditate, followed by thoughtful discussion and a cup of tea. We meet at the Friends Centre, 7 Moncrieff St, Mt Victoria. Doors open at 7.15pm, the meditation starts around 7.30pm. You can just turn up! For more info **onemindfulbreath.co.nz** The Quakers, 7 Moncrieff Street has meeting rooms for regularly scheduled or one- time meetings for nonprofit and governmental agencies. Wifi and projector available. Call: 04-385-4897 or Email: wgtnquakers@gmail.com

Innermost Gardens - Gardening Sundays 11am-1pm - First and Third Sunday of the month. Everyone is welcome and Tuesday morning gardening every week during school term 10am - 12pm. Contact them on innermostgardens@gmail.com

Mainly Music - This is a wonderful way to meet other parents or caregivers. 9:30am - 11:00am, Tuesdays during term time. Location: The Street Church, 21 Hania Street, Mt Victoria. Session Cost: \$4.00 per child or \$5.00 for two or more children. Concession cards are available Please contact Myra for more information families@thestreet.org.nz

BOOKS WANTED PLEASE!

We need more books for our little book boxes. If you have to spare please get in touch we can pick up or you can drop at the Hub, 24E Elizabeth St. Email us at hello@mtvichub.org.nz or text/call 021765525

If you would like to contribute to the newsletter or have any comments please get in touch. You can email us at hello@mtvichub.org.nz or Calll/Text us 04 3908216 or 021765525

Booking a COVID-19 Vaccination



Our immunity against COVID-19 is incredibly important and getting vaccinated is the best way to protect you, your whānau and your community.

The vaccine is free and there's enough vaccine for everyone. To make the vaccination process flow smoothly, we're rolling out in age bands.

When it's your time to get vaccinated

Step 1: Receiving an invitation

When you're eligible, you'll receive a letter inviting you to book at **BookMyVaccine.nz**



Step 2: Make your booking

Go to **BookMyVaccine.nz** or call the COVID Vaccination Healthline on **0800 28 29 26** to book appointments for both doses.



Step 3: Get your vaccination



Have your first vaccination dose. Six weeks or more later, have your second dose.

It's very important to get two doses of the vaccine – this will give you the best protection.

The stronger our immunity, the greater our possibilities.

Find out more at Covid19.govt.nz



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Mount Victoria Sales

Just Paterson has 4 properties listed in Mount Victoria, with more scheduled to come on soon. Here's a list of what sold in September, in Wellington's hottest suburb!

> HANIA STREET - \$720,000 HAWKER STREET - \$877,000 PIRIE STREET - \$555,000 DUFFERIN STREET - \$770,000



Malaghan Month

October is Malaghan month at Just Paterson, where we partner with this incredible institute to help raise funds



towards their pioneering cancer research.

List and sell your home with us in October and we will donate \$1,000 per sale to this wonderful life saving Wellington institution.



Caroline Collison Property Specialist M: 027 566 1666 E: caroline@justpaterson.co.nz Living and Selling in Your Community

