



Connecting Our Community

We believe that every connection you have with your neighbours makes your community more friendly, fun and by encouraging better connectedness and more everyday 'neighbourliness', neighbours can be stronger and more resilient especially in the event of an emergency, significantly enhancing the wellbeing of individuals, family/whanau and the wider community. Thousands of neighbours, organisations, local government and local businesses have been involved in bringing neighbours together over the last 10 years during the last weekend in March for Neighbours Day, growing a movement of neighbourliness throughout Aotearoa, New Zealand. This is something we are striving to achieve in Mt Victoria. This year there are several events in Mt Victoria that can help you get to know a little bit more about your community, from the Walk to Work Day, participating in our street clean up or our annual Treasure Hunt (with many more to come in 2019).

We want to celebrate neighbours day every day and encourage you to do the same - so a quick Kia Ora, Hello, Talofa, Bonjour, Namaste, Ciao, Hola or whatever your usual greeting is - shout it out to your neighbor or the person at the bus stop in the morning. Building our communities, making them stronger and more connected one greeting at a time. Check out the following pages for events in Mt Victoria <https://www.mtvichub.org.nz/> or our facebook page - Mt Vic Hub or website <https://www.mtvichub.org.nz/> You can organise your own event and get the neighbours involved. There are lots of resources to do this here <http://neighboursday.org.nz/> or get in touch with us at the hub and we would love to help you out. email us at hello@mtvichub.org.nz or call/text 021765525



Walk to Work Day

livingstreets.org.nz | #Walk2WorkNZ

Wednesday 13 March at 8am.

About half of Mt Victorians walk to work every day so walking is important in our suburb. Celebrate the power of your feet by talking a walk on 13 March, try out a new route to your daily activities or walk with a friend. Join a walk with Ellen from the corner of Austin and Ellice Streets through our suburb to Oriental Parade, see some sights, have a chat about our suburb on the way. Leaves at 8am on the dot, and will take about half an hour. Email mtvicra@gmail.com for more information.



Join Mt Victoria Historical Society for a

Victorian Picnic

Sunday, March 24 at 2.30 pm
At the top of Mt Victoria, beside the lookout
Come dressed in Victorian costume, with a contribution to a Victorian afternoon tea.
Friends and families welcome.
(Cancelled if the weather is against us. If you want to check, phone 027 7577 984.)

HELL PIZZA - Sponsor of the Mt Victoria Newsletter



<https://hellpizza.com>

Nominate folks doing good in your neighbourhood and get them some free Pizza!
Email nominations to hello@mtvichub.org.nz

Pizza this month goes to Charlotte de Feijter - A big thank you from all your friends for restarting the Mum's in Mt Vic Drinks at the Hopgarden



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LET'S CLEAN UP MT VICTORIA



**SUNDAY 24 MARCH
FOR ONE HOUR**

**STARTING AT 11.30AM - 12.30PM
MEET AT THE MT VIC HUB,
24E ELIZABETH STREET**

BAGS AND GLOVES PROVIDED

**FREE PIZZA & MUFFINS
FOR EVERYONE AFTER!**

PROUD TO BE PART OF:



SPONSORED BY



Mt Victoria Residents Association

Last Saturday, I was on the Southern Walkway over Mt Victoria, deafened by cicadas and pondering the conditions under foot, enjoying myself entirely. It was busy - lots of mountain bikers, walkers, dogs, and runners like myself, out early to beat the heat. Being a terribly slow runner, I have a lot of time when I'm out there, to mull over other things about the trails in Mt Victoria, too. Sharing can cause tension, especially when the environment is as special as it is here. We see this tension throughout the city, wherever multiple modes of transport are called upon to share space.

We can all see the e-scooter and bikeshare initiatives being trialled in the city. It's a brilliant thing to get people out of cars, but it looks like the city's infrastructure has a way to go to catch up with the pressures e-scooters, in particular, put on our shared spaces.

As Let's Get Wellington Moving continues its crawl towards completion, and we await announcement of the proposed transport options for our part of the city, I urge you to do some pondering of your own about how we get about town - whether it's for leisure, getting to school or work or wherever you need to go. What makes it easy? What makes it hard? What would improve it? What couldn't you live without?

As always, we'd love to hear from you about this and anything else on your mind about Mt Victoria:

Email us at mtvicra@gmail.com Or call me on 021 188 7432
Have a look at our website <http://www.mvra.org.nz>
Cheers, Angela .

Emergency Preparedness - Check your 200L water tanks

If you have a 200L water tank purchased from the WCC or another source, be aware that there are reports of issues with some of these tanks. Issues relate to snails and other critters getting into tanks through a 'ventilation hole' and drowning in there (thus polluting the water), and taps on the tanks not working. To check if your tank is affected, try the tap and see if it drains properly, and turns off properly. To check the inside, take the lid off and shine a light in - check the water is clear and clean. You may wish to drain the tank to check. If you find you have a problem with the tap or creatures in your tank, contact the WCC on 4994444.

Community First Aid course - register your interest!

The Mount Victoria Residents Association is a lead agency for Mt Vic community resilience planning. As part of this work, the association are looking into offering a highly-subsidized one-day first aid course for Mt Vic residents later this year. We anticipate the cost of this course would be around \$25 to participants (usually over \$100). The day would include an overview of the Community Emergency Hub at Clyde Quay School and be run in a weekend. If you are interested in going on a list of people who may like to attend the course, please send your name and details to mtvicra@gmail.com

ShipShape Homes help to declutter.

Feeling overwhelmed by all the stuff you've accumulated? Want to get organised but don't know where to start? Recently launched local business ShipShape Home provides practical home organisation services that can help.

A lot of people have been using Marie Kondo's method of decluttering, where you discard items that don't spark joy. But not everything that should be kept sparks joy. How do you make those keep or discard decisions? And once you've let go of everything you want to, how are you to best organise what is left and how do you stop yourself from accumulating more stuff you don't need in future? Catherine at ShipShape Home is adept at organising belongings and spaces, can help with your decluttering decision making and is equipped with all the right questions to ask yourself before you buy more.

Whether you want to downsize the amount of stuff you've got, better organise what you have, or just want a hand getting started on a bigger organising project, ShipShape Home can help!

Contact Catherine at catherine@shipshapehome.co.nz or call 021 255 5515.

Check out www.shipshapehome.co.nz & www.facebook.com/ShipShapeHome for more information.

PET OF THE MONTH



Born and bred in nz. After 7 years Of international travel, I am now semi retired but part time entrepreneur . My days include a fix at Tomboy - I say hi to my friend kate ... She gives me cheese scones. Mt Vic is my kingdom. People to meet / places to go always . Check in with my friends at the ballet- or hang out at stone street studios when I'm not on an international Skype call. I pop in to see my friend Doug the schauanser at no 16 (we go way back) then we might go for the odd sausage at prefab or stroll past Moore Wilson's. They sell the best sardines. I sleep on the best linen and take up as much of the bed as possible. I'm very focussed on my career until I see a ball. Mt Vic is my fav place. Best pine cones are found there. And that's my life. The life of Brian :-) Me.

If you would like your pet to star in the Mt Vic newsletter send in their photo & details to caroline@justpaterson.co.nz



Follow us on petsofmtvic

310 traps



PREDATOR FREE
MT VIC

416



Helping to bring birdsong back to our gardens and bush. If you are keen to get involved please email Ian at

predatorfreemtvic@gmail.com

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KIA MT VICTORIA Treasure Hunt 2019 SUNDAY 7 APRIL 2pm - 4.30pm

Our annual Treasure Hunt is coming up in April. This is part of our neighbours day celebration 2019 (albeit outside of the allocated official dates - we really couldn't compete with Cuba Dupa or all the other amazing events happening during March).

But we would love you to join us for the afternoon of the 7th April from 2pm - 4.30pm finishing up at Innermost Gardens for a BBQ, music and spot prizes.

More details coming in the April Newsletter and please check out our on our facebook page - Mt Vic Hub

We are on the lookout for some prizes too if you know of any businesses who might be keen to donate.

We would love a bit more help on the day, if you have an hour or two to spare please get in touch.

Our email is hello@mtvichub.org.nz or text/call 021765525

HAPPY BIRTHDAY



FROM ALL IN MT VICTORIA

Join them for their **BATStravaganza!**

Saturday 6th April, 8 pm at BATS Theatre

And let's not forget there is a full programme of events at BATS Theatre as part of the Fringe Festival running throughout March.

To book for all check out the website - www.bats.co.nz

6 Week Parenting Course

Loving Our Kids on Purpose is a parenting course run over 6 sessions with DVD teaching by Danny Silk. The course is based on Biblical principles.

Parents, stepparents, caregivers and grandparents will gain a fresh perspective and valuable tools for communicating and connecting with kids of all ages.

Babies and pre-school children are welcome to attend.

Gather tools to:

- Protect your connection with your children
- Teach your children to manage increasing levels of freedom
- Replace the tools of intimidation and control
- Create a safe place for children to build confidence and personal responsibility
- And specific information on preschool, primary and teens

Where: The Street Church, 9 Hania Street, Mt Victoria

When: Wednesday mornings 9:30am - 11am from 8th of May - 12th June

Cost: \$5 for the course only or \$35 which includes a full workbook (recommended)

Register or for any questions email Mel on families@thestreet.org.nz

Supporting Innermost Gardens

Kia Ora Innermost Supporters,

Wellington City Council is currently considering granting a new lease for the Innermost Gardens and Hall. Councils are accepting submissions on the renewal and we would appreciate your support. These can be made by emailing PSRLeasing@wcc.govt.nz no later than 5 pm, 30th March 2018. Listed below is some of the key points made in the speech to the council committee in support of the gardens.

This provides background on the gardens and the ongoing benefits that are accrued there. These point may assist you in developing a submission.

Thanks to all of you who have been involved for your ongoing support of the gardens. We hope to see you up there for one of our working bees shortly. A reminder these are held first and third Sunday of the month 11 am to 1 pm, and now also on Tuesdays from 10 am to 12 pm. Updates and cancellations are posted on the Innermost Gardens Facebook page.

Nga mihi,

The team at Innermost Gardens

- Innermost Gardens is a community garden run as a charitable trust, run entirely by volunteers, whose singular goal is to facilitate 'community hands in the soil'.
- Bioremediation (using purpose bred mushrooms) and over a decade of community compost has transformed two acres of abandoned bowling green full of DDT to the healthy productive soils that now exist at the gardens.
- Our core principles and ethics are those of permaculture which is founded on care for people, care for the earth and fair share.
- Bare land has been converted into dozens of productive annual beds, productive orchards and food forests. We have implemented native wetlands and more recently a sub-tropical alley including Bananas.
- We continue to produce tonnes of very healthy food that all good directly back to the community as well as provide specific examples of urban production design that everyone can plant in their own backyards to become healthier and more resilient.
- We provide workshops and through the hall use host many other groups who use the gardens as a medium for education.
- We host over 100,000 bees who provide pollination services for ours and every other garden within a 5km radius of Innermost, provided by the Beeple collective social enterprise (proceeds support and the development of budding apiarists).
- We provide composting facilities for residents of Mt Vic which divert over 100kg's a week of community kitchen waste and Wellington café's turn that into healthy soils.
- Our well-maintained community hall is well utilised with long term users of singing, dancing, meditation, yoga, preschool and special needs groups.
- We provide regular garden sessions on Tuesdays and fortnightly on Sundays which provides individuals with the opportunity to connect with others and learn about gardening.
- We host quarterly community dinners to connect the broader community with the hall and gardens.
- We have strong collaborations with other community groups such as the Mt Vic hub, the Sustainability Trust and Active Youth Services. Through those collaborations, Innermost has been able to support broader community initiatives, such as neighbours day and the Wilderkids school holiday programme.

SPCA Open Day 2019

You are invited to celebrate the history of Wellington's Fever Hospital at our SPCA Open Day. Discover life behind the scenes at SPCA, learn about the Fever Hospital's unique past, and delight in a range of family activities, food stalls, and performances!

Join us from 10am-3pm, Saturday 16th March. Gold Coin Entry.

You can find us at SPCA's Wellington Centre, 140 Alexandra Rd, Newtown.

Classes & Groups

Wellington Central Grey Power.
www.greypowerwellington.org.nz
You can sign up by email
greypowerwellington@gmail.com

Over the Rainbow Dance Classes
Plimmer House Innermost Gardens
Creative Ballet, Jazz & Preschool
classes. Affordable & quality classes.
www.overtherainbow.dance

Tai Chi - Friday Mornings at the Irish
Society, 10 Fifeshire Avenue. 10-
11.30am

**Awareness through Movement classes
(Feldenkrais Method)** - Monday
(School term) Clyde Quay School at
6pm.
Call Sue 0274667123

Peak Players Table Tennis - Mon 9.30-
12pm; Wed 1.30-4pm. Constable St. end
of Alexandra Rd. \$4 Diana Winn
winnich@xtra.co.nz or 801-9556.
Seniors especially welcome.

PikoPiko Clyde Quay Kindergarten
Mon-Fri 8.45-2.45pm, @ Elizabeth &
Brougham. Offers 20 hours ECE.
04.385.0441 or
www.wmkindergartens.org.nz

Crossways Community Crèche at 61
Majoribanks St is a parent-run early
learning centre for children aged 1 to
5. It is open Monday to Friday with
sessions running from 8:30am until 1:15
or 2:30pm, and offers 20 hours of
state-funded ECE for over 3s. Contact
us at 04 3848201 or email
julie@crosswayscreche.org.nz

Scottish Country Dancing: 7:30pm
every Wed, at St Mark's Hall, Basin
Reserve,
\$5 entry, for lots of fun, all welcome.

Mt Victoria Toastmasters at Tararua
Tramping Club, Moncrieff St. See
website for class times and dates
https://mtvictostmasters.org.nz

Steady As You Go (SAYGo)
\$2 per class. Quaker Meeting Rooms,
7 Moncrieff Street, Mt Victoria
Monday at 11.00am - Drop In or
Call Age Concern Wellington
04 4996646 or email
communitysup@acwellington.org.nz

Innermost Gardens - Gardening
Sundays - 11am-2pm 3 &
17 March. Everyone is welcome and
Tuesday morning gardening every
week from 10am - 12pm during school
term

Eckankar - Have you ever wondered
why we dream? Or how dreams can
help us in our daily life? Discover ways
to help you remember and
interpret your dreams in a discussion
class **'Spiritual Wisdom on Dreams'**.
Sunday, 24th February 2 - 3.30pm.
Mt Vic Hub, 24E Elizabeth Street, Mt
Victoria.
RSVP Elaine - 021 379319. Donation \$5

**Qigong - Chun Yuen Quan and Dayan
Qigong.** Tuesday 6.00-7.30pm Contact
Cynthia Shaw 021 613081 or
info@newzealandqigong.com

One Mindful Breath Wellington's
secular Buddhist community - every
Weds 7:15-9:15, Friends' Centre, 7
Moncrieff St. Contact Noah 021 885 180
or onemindfulbreathnz@gmail.com.

Beginners Ukulele Class - email or call
below

**Compassionate Communication
Empathy and Emotional Intelligence** -
email or call below:
Wellington Heart - email or call below:
wellington.heart.nz@gmail.com
Ph/text 027 345 2010

RECENT MT VICTORIA SALES STATISTICS FROM REINZ

Rixon Grove	\$1,075,000
McFarlane Street	\$920,000
Austin Street	\$650,000
Austin Street	\$723,000

Recent sales in the area (November - January) indicate the market is still very buoyant and homes are selling in excess of their RV which shows that our suburb is proving to be one of the most wanted in Wellington. As your local real estate salesperson living in the neighbourhood, I'm basing myself at the Mt Vic Hub every Wednesday morning from 8.30 - 11.30am. I'd love to meet you all so please do pop in for a chat and a cuppa, I have some shopping lists pads to give away and also details of contacts (handyman, gardeners, home stylists, house washers, cleaners etc) that can help you prepare your home for market. Look forward to meeting you, the kettle will be on!



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Caroline Collison
027 566 1666
caroline@justpaterson.co.nz

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*THIS OFFER IS ONLY AVAILABLE TO MT. VICTORIA RESIDENTS. OFFER IS ONLY AVAILABLE FROM HELL CUBA ST, BOND ST & HATAITAI. NOT AVAILABEL IN CONJUNCTION WITH ANY OTHER OFFER. STANDARD T&C'S APPLY. OFFER EXPIRES 31 March 2019

Mt Victoria Historical Society Walk and Tour

Sunday, March 17, 2.00 pm (or 3.00 pm)
To celebrate 100 years since the opening of the old Fever Hospital, on Sunday March 17 the Society is offering a guided walk through the Town Belt, with historical commentary, to the hospital building (now SPCA). On arrival, there will be a special tour of the building and a talk about its history by SPCA staff, followed by afternoon tea.
For the walk, meet at the quarry at the top of Ellice Street at 2 pm. Wear sensible shoes as we will be climbing up dirt tracks (some steep). Walk ends at the SPCA.
Fever Hospital visit only - meet at 3pm outside the SPCA entrance, which is off Alexandra Road. Parking is available on the grounds.
If it rains, or there are high winds, the walk will be cancelled, but the SPCA tour will proceed.
Friends, family and neighbours welcome. Koha to SPCA of \$5 would be welcomed
For further information phone Alan on 021 1229875 or 3851902

St Patrick's Day
2019
Wellington Irish Society
10 Fifeshire Avenue
Sunday March 17th
3pm til late
Music, Dancing, Irish Stew and more
See Facebook page for full details
at Wellington Irish Society

Wanted Boarder / Flatemate to share
2 bedroom flat with 40 year old
Female. \$260 per week plus expenses.
Food optional. Available on a
temporary or semi permanent basis
including nightly accomodation rates.
Please Contact Rachel via: 0210717574
or Email: rachcooknz@hotmail.com

Email: hello@mtvichub.org.nz or
Tel: (021) 765 525 or (04) 3901411 or Follow
us on Facebook or Instagram - Mt Vic Hub