Mt Victoria Newsletter

TE KARERE O MATAIRANGI

FEBRUARY / RŪHĪ-TE-RANGI 2019



Mt Victoria Residents Association News

By the time you read this, it'll be February, but as I'm writing this, I'm back in January, thinking about the damage that's apparent from the deluge last night, and hoping that the disruption to footpaths that I've seen this morning can be resolved quickly and easily. The crazy weather over this summer shows us that the effects of climate change are truly upon us. With this in mind, the MVRA will continue to lobby for sustainable transport and infrastructure options for our community through 2019, as well as supporting the great work

being done by, amongst others, the Mt Victoria Bush Regeneration Group, Innermost Community Gardens and Predator Free Mt Vic. This year, we want to put the focus back onto community preparedness - picking up work from previous years that we did with WREMO, ensuring achievable and sustainable outcomes are being planned for, should there be any natural disasters in the future. Do you know what to do in an emergency?

In the meantime, the gardens around Mt Victoria are looking amazing. The longer days are delicious, and it's great to see so many people walking and cycling late into the evening.

As always, we'd love to hear from you about this and anything else on your mind about Mt Victoria: Email us at mtvicra@gmail.com Or call me on 021 188 7432 Have a look at our website http://www.mvra.org.nz Cheers, Angela

Exclusive Music Experience

Hamerkop (ex-Bachelorette) performs 'Remote': A live surroundsound experience at Innermost Gardens

Would you or anyone you know like to attend an intimate electronica gig at Charles Plimmer Hall. Innermost Gardens on Sunday 24th Feb at 7pm? Hamerkop will be performing a new piece called "Remote". Hamerkop are based in Baltimore. Annabel Alpers (pictured below right, from Christchurch, and formerly of Bachelorette) is a composer, singer and instrumentalist, and Adam Cooke is a Baltimorean drummer and audio engineer.

"Remote" is a live, multiple-speaker, surround-sound experience. The project began as an exploration of the beauty of sound, inspired by Alpers' collection of field recordings from her homeland and beyond. The resulting work still contains the pop sentiment of Alpers' previous work in Bachelorette, anchored by Cooke's minimalist drumming as she expands her use of experimental textures and vocal lavers.

If you would like to come, email tom.ackroyd@gmail.com with numbers and he will send back more detail and put you on the door-list. Entry will be by koha.



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Email nominations to hello@mtvichub.org.nz

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News from Grant Robertson

Tēnā koutou katoa. Hoping your summer break has been joyful and you've had a chance to recharge the batteries.

I am looking forward to the many wonderful summer events coming up. It is a great chance to catch up with you and appreciate great summer days in Wellington.

Kicking off the month is the Waitangi Day festival on the 6th. It will be a great opportunity to spend the day with whānau amongst kai, kapa haka and local performances. Performances will be at Whairepo Lagoon and Waitangi Park, so get down to the waterfront to celebrate.

The Chinese New Year Festival on the 9th and 10th will be a fantastic way to bring in the Year of the Pig. Wellington will be bursting with Chinese culture. Be sure to head along to the markets, performances, fireworks or parades that will be celebrating the New Year.

Lastly we have Round the Bays on the 17th. It is always a delight to get active while talking with people about the year ahead. Get registered and come down to Frank Kitts Park to join me and thousands of others for a fun trip across the bays.

My office is open again after the summer break. If you are having any issues you need help with, be sure to contact my electorate office at 04 801 8079. - Grant

SGCNZ WELLINGTON REGIONAL UNIVERSITY OF OTAGO SHEILAH WINN SHAKESPEARE FESTIVAL 2019

So much of what is happening in politics and socially right now parallels what is contained within Shakespeare's plays. With this in mind, the 'new takes' on the works of the Bard are easy for the young people to portray in their scenes in **Shakespeare Globe Centre New Zealand's** University of Otago Sheilah Winn Shakespeare Festivals (SGCNZ UOSWSF).Groups from schools and homeschoolers throughout the Wellington region will perform in the SGCNZ UOSWSF at Wellington East Girls' College Hall on 9, 10 and 11 April from 7.00pm. Tickets available from iTicket.co.nz

\$14 Adults / \$12 SGCNZ Adult Friends; \$7 Students / \$5 SGCNZ Student Friends

Enquiries: Dawn Sanders 04 384 1300 or 027 283 6016; sgcnz.dawn@gmail.com

When The Neighbours Get a Drone For Xmas 👥

A letter from a disgruntled neighbour!

We returned from a quiet holiday in the provinces last Saturday afternoon to a neighbour flying a drone around the 'hood. Having watched too many creepy spy movies it's not just the noise that irritated me. I know there's talk about rules & jurisdictions but am in no way clear on detail so rang the wonderful Wellington City Council help desk (WCC Ph: 499 4444), worked my way through their new prompts and spoke to a very understanding person who advised consent must be granted by the property owner for one to fly a drone over said property. Apparently the Civil Aviation Authority has the power to enforce said rules and I was to phone them between 8am - 4.30pm, Monday to Friday on ph: 0508 472 338 if the drone owner is being inconsiderate. It's now Friday, I haven't seen the drone again, so haven't rung. I'm hoping said drone owner is being considerate and using his Christmas toy in the confines of his own property down the road and around the corner.

Up At Innermost Gardens

When the new Innermost Gardens compost bins were made last year, we created a Hügelkultur mound alongside the same path. We dug a trench which was filled with untreated pallet wood from old compost bins and garden beds. The mound was then layered with green and brown garden waste and topped with soil. We've since added seaweed, mulch and coffee grounds to the top, and planted the 'three sisters' companion planting as a wee experiment. It's coming along nicely!

- * the seaweed will quickly break down releasing trace elements down through the mound. Alginates from the seaweed help to bind and build soil colloids.
- * the wood in the trench acts to condition and aerate the soil while retaining moisture
- * the 'Three Sisters' all support each other squash on the top of the mound with flowers help shield the mound from the sun to increase moisture retention.

Upright corn plants are growing alongside climbing beans. The corn gives the beans shelter as well as a friendly neighbour to climb up.

If you want to learn more about this and other parts of our gardens, come along to a working bee on the 1st and 3rd Sunday of every month 11am-1pm, or every Tuesday morning in school terms 11am-12pm.

PET OF THE MONTH



MELLOW (Mellow Party as he is known, because there is nothing better than a Mellow Party, especially when it is a dog) was born in South Korea and rescued from a meat farm. He met up with his owners in Los Angeles and ultimately jetpetted his way over to Wellington where he enjoys long walks on the beach, pets from strangers, trips to Moore Wilson's where he get pats from strangers and treats!

If you would like your pet to star in the Mt Vic newsletter send in their photo & details to caroline@justpaterson.co.nz Follow us on petsofmtvic

Qigong In Mt Victoria

Beginners are welcome to join the Wild Goose Qigong class at Clyde Quay School on Tuesday evenings. The class begins at 7.00 pm (preceded by Chun Yuen (Shaolin) Quan at 6.30pm). Tuition is tailored to each person's progress. This traditional Chinese series of health exercises, including the beautiful Wild Goose First and Second 64 Forms, are suitable for all ages and fitness levels. Based on the principles of balanced movement and breathing, connecting to acupuncture points and channels, so Qi or energy connects to all internal organs, joints etc., Qigong brings many benefits. Come along and try it out or contact Sifu Cynthia Shaw on 021 613081. FB page Wellington Qigong and www.newzealandqigong.com.



What's On At BATS?

This February, Victoria University of Wellington's MFA Programme presents The 6 Degrees Festival. The festival consists of 6 shows all led and created by masters students at Victoria University. It aims to introduce new emerging artists, demonstrating the knowledge and experience they've gained throughout their degree. From Shakespeare set in a drag club to a cabaret about hospitality; a marine biologist's biographical comedy to a play all about the dream world; you will not get a more diverse season. Book at bats.co.nz:

Why Are We Still Here? - February 5-9 at 6.30pm The Dream - February 5-9 at 7pm Low Level Panic - February 5-9 at 8.30pm Twelfth Night - February 12-16 at 6.30pm Thinking Dolphins - February 12-16 at 7pm Order Up - February 12-16 at 9pm



Cycle-touring 101

Join Phoebe and Steph from WACC for a hands-on day-long workshop on 23 February from 9am - 5pm to get you and your bike ready for cycletouring this year. What's more, all attendees are invited to join us on a real 2-3 day cycle-tour on March 23-25 in the Wellington region. For more

information or to register, visit www.wacc.co.nz

Mt Vic's Newest Taste Sensation.

Come to try the Grasshoppers, and stay for the amazing flavours, innovative drinks and relaxed, family friendly vibe.

El Culo del Mundo opened its doors in late 2018, as the newest eating venue to grace the streets of Mt Vic. Sited on the corner Roxburgh and Majoribanks Street, they complement the diverse foodie offerings of the area.



Pitching themselves as a relaxed neighbourhood hub with something for everyone, they serve all fresh local craft beer and NZ free-range meat, with a rotating ethically sourced, nose-to tail menu of Latin-American flavours. On the night we ate, we enjoyed the Central Otago Grasshoppers with guacamole (very crunchy!) and were particularly impressed with the Fried Chicken Tacos, Grilled Pineapple, Orange Jalapeno Salsa, and the handmade to order corn chips. The use of blue corn is a nice point of difference and brings a surprising, but delicious, taste sensation.

An extensive local craft beer menu, huge selection of tequila and innovative cocktail menu is nicely complemented by interesting non-alcoholic options. Staff were enthusiastic, knowledgeable and friendly. A selection of small tables and big, sharing tables, means space for all groups and the chance to make new friends. The music was great, but non-intrusive, allowing for easy conversation and a notable lack of yelling.

Sister bar to Cuba street's Rogue & Vagabond, El Culo del Mundo are a living wage employer. Pop along and support them soon!

(Your reviewers ate on their own dime :)

Crossways Community Creche

Mt. Victoria's parent-run Early Learning Centre has welcomed children and whānau back for another year of learning and fun. Crossways Community Creche prides itself on providing a warm, nurturing environment in which children thrive. We are located at 61 Marjoribanks St. (on the corner of Hawker St.) in a beautiful old cottage which has been renovated to meet the needs of children and their families.

In the past year, we have been involved in a number of activities around our suburb. The creche was a station on the Mt. Victoria Treasure Hunt, held a party for Matariki at the Innermost Gardens and, with some older children, explored our mountain and local schools. 2018 was also a year of celebrations. As well as marking each child's birthday and last day at the centre, there were special events for Easter, Diwali and Enkutatash, the Ethiopian new year.

Music, dancing and art made every day a colourful one at Crossways, and our inquisitive children took a learning journey from the depths of the sea to the far reaches of our galaxy. The journey continues this year as our outdoor area is refitted to enhance children's enjoyment of play. Our dedicated team of qualified early childhood teachers and volunteers looks forward to another year of caring for and teaching children in their first years of learning. Visit us at crosswayscreche.org.nz or email info@crosswayscreche.org.nz

Meet The Locals



Who are you?

Hi, I am Manisha Patel, my husband is Manish. We have three daughters, Vrundci 10 years old, Krishna 7 vears and Riya who is 3 years.

How long have you lived in Mt Victoria? We are from India, I've been living in Wellington for nearly 16 years and we moved in to Mt Vic in November last year to take over Mt Victoria Food Market.

What do you like most about Mt Vic?

Mt Victoria is a beautiful suburb and very convenient it is also a friendly place.

Seeing as we live in the coffee mecca of NZ, where is your favourite coffee haunt?

This is a hard question as I have two places I like to go to, the Leaf café in Thorndon is my favourite, but I also enjoy the coffee from our neighbourhood 'The Immigrants Son'.

If there was something you could change about Mt Vic, what would it be?

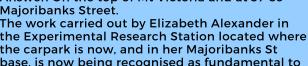
This suburb is perfect as it is but if I could change something I would like to plant more flowers beside the road, because I love flowers.

Curious Historical Fact:

Where was secret radar



research carried out in World War II? Answer: On the top of Mt Victoria and at 37-39



base, is now being recognised as fundamental to the history of radar in New Zealand and the beginning of radio-astronomy in Australia. Join Mt Victoria Historical Society to find out more about, and support Mt Victoria's unique heritage. All members receive the newsletter, covering fascinating episodes on our history along with other information, and have the opportunity to attend events and other activities. For more information, or to join the Society contact jonewman@xtra.co.nz or visit our website at http://mvhs.wellington.net.nz/.

Vegan Vault at Clyde Quay School 1st Saturday of each month 6-9pm

Classes & Groups

Wellington Central Grey Power. www.greypowerwellington.org.nz You can sign up by email greypowerwellington@gmail.com

Over the Rainbow Dance Classes Plimmer House Innermost Gardens Creative Ballet, Jazz & Preschool classes. Affordable & quality classes. www.overtherainbow.dance

Awareness through Movement classes (Feldenkrais Method) – Monday (School term) Clyde Quay School at 6pm. Call Sue 0274667123

Transition Towns Mt Victoria Has been cancelled until further notice. For further information contact Frank Cook, 0276496508

Peak Players Table Tennis – Mon 9.30-12pm; Wed 1.30-4pm. Constable St. end of Alexandra Rd. \$4 Diana Winn winnich@xtra.co.nz or 801-9556. Seniors especially welcome.

PikoPiko Clyde Quay Kindergarten Mon-Fri 8.45-2.45pm, @ Elizabeth & Brougham. Offers 20 hours ECE. 04.385.0441 or www.wmkindergartens.org.nz

Crossways Community Crèche at 61 Majoribanks St is a parent-run early learning centre for children aged 1 to 5. It is open Monday to Friday with sessions running from 8:30am until 1:15 or 2:30pm, and offers 20 hours of state-funded ECE for over 3s. Contact us at 04 3848201 or email julie@crosswayscreche.org.nz

Scottish Country Dancing: 7:30pm every Wed, at St Mark's Hall, Basin Reserve.

\$5 entry, for lots of fun, all welcome.

Mt Victoria Toastmasters at Tararua Tramping Club, Moncrieff St. See website for class times and dates https://mtvictoastmasters.org.nz

Steady As You Go (SAYGo) \$2 per class. Quaker Meeting Rooms, 7 Moncrieff Street, Mt Victoria Monday at 11.00am - Drop In or Call Age Concern Wellington 04 4996646 or email communitysup@acwellington.org.nz

Innermost Gardens - Gardening Sundays - 11am-2pm 3 & 17 February. Everyone is welcome and from 10am - 12pm during school term Ph/text 027 345 2010

Eckankar - Have you ever wondered why we dream? Or how dreams can help us in our daily life? Discover ways to help you remember and

interpret your dreams in a discussion class' Spiritual Wisdom on Dreams'. Sunday, 24th February 2 - 3.30pm. Mt Vic Hub, 24E Elizabeth Street, Mt Victoria.

RSVP Elaine – 021 379319. Donation \$5

Qigong - Chun Yuen Quan and Dayan Qigong. Tuesday 6.00-7.30pm Contact Cynthia Shaw 021 613081 or info@newzealandqigong.com

One Mindful Breath Wellington's secular Buddhist community – every Weds 7:15–9:15, Friends' Centre, 7 Moncrieff St. Contact Noah 021 885 180 or onemindfulbreathnz@gmail.com.

JUST PATERSON - Caroline's Corner

New Year, New Home?

Happy New Year to you all! I hope you are feeling rested after the holidays! It's good to get back into the swing of things and I'm excited about what the property market will bring for 2019. QV's prediction is the official cash rate will remain the same for most of the year at 1.75% which will help keep the interest rates stay low and also anticipate values will rise 3-5% across the country with Wellington outperforming this figure. As your local agent living in Mt Vic it's my job to know the area inside out. If you are interested to know the value of your home please don't hesitate to get in touch – I'm always happy to help.



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Beginners Ukulele Class Sunday 10 February @ 2pm -

4pm

Compassionate **Communication** Empathy and Emotional Intelligence (EQ) Sunday 17 February @ 2pm - 5pm Mt Vic Hub, 24E Elizabeth Street wellington.heart.nz@gmail.com Ph/text 027 345 2010

Public Forum: Wellington Heart From Conflict to Connection Wellington Heart: Empathy Public Forum on Wednesday 27 February @ 7pm - 8.30pm Mt Vic Hub, 24E Elizabeth Street wellington.heart.nz@gmail.com Ph/text 027 345 2010

Tai Chi - Friday Mornings at the Irish Society, 10 Fifeshire Avenue. 10-11.30am

If you would like to contribute, send feedback to the newsletter or help out your community centre in any way get in touch, we would love to hear from you Email: hello@mtvichub.org.nz or Tel: (021) 765 525 or (04) 3901411. Follow us on Facebook or Instagram - Mt Vic Hub

Mt Vic Social Bowls Competition 2019

Welcome the summer of 2019 by registering for the Mt Vic Social Bowls Competition! A great opportunity to meet new people, learn a new sport and break up the week the competition runs for 5 weeks (2 games per week) on Tuesday evenings from 6pm-8pm starting on the 5th of February. All ages and abilities more than welcome. Entry for a team (4 or more) is \$80, with all fees going back in prizes! Contact AJ and Dan via email at socialbowls@gmail.com to register your team!

Rubbish Collection Info

Thursday is rubbish day in Mt Victoria. Please put your rubbish out by 8am on day of collection. Alternate weeks for glass and other recycling

Do not put rubbish out before Wednesday afternoon, and keep the footpath clear the rest of the time. Please be considerate of all footpath users.

Composting facilities are available at Innermost Gardens - please read composting rules before using bins.