



Action Packed Month in Mt Victoria:

INNERMOST GARDENS AND MT VIC HUB BRING YOU



MT VICTORIA COMMUNITY DINNER

SATURDAY 17 NOVEMBER
FROM 6PM AT
INNERMOST GARDENS, MT VICTORIA
BRING YOUR FRIENDS AND FAMILY FOR A FUN EVENING

DINNER WILL BE BROUGHT TO YOU BY
AMBER STURTZ FROM 'TACO ADDICTS'
DELICIOUS VEGETARIAN & VEGAN FOOD
&
MUSIC BY 'THE FAUSTIANS'
AN OLD-TIME APPALACHIAN MOUNTAIN STRING BAND

TO BOOK PLEASE
EMAIL US AT HELLO@MTVICHUB.ORG.NZ OR
CALL/TEXT 021765525
SEATS ARE LIMITED

KOHA DONATION FOR DINNER &
BYO BEVERAGE OF CHOICE

Finishing the year with fun, friends and whanau

Come along to our 2nd Gathering in the Gardens. A time to chill out, enjoy the gardens, listen to some great music from **The Wooden Box Band** and join us in our end of year sausage sizzle and ice creams.

We will also have seed planting, card making, and seasonal activities for all the family. There will be poetry readings and games. You can check out the brand new compost bins and all the exciting stuff happening in the gardens. This is a great opportunity to bring together community groups and residents of Mt Victoria to say a huge thank you for an amazing year and for all your support at all our events.



Gathering in the Gardens

A community gathering for the Christmas season

*Mt Victoria welcomes you
for an afternoon of music,
food, craftiness &
neighbourliness!*

Sunday 25th November
2pm - 4.30pm

*At
Innermost Gardens*

*Brought to you by the
Mt Victoria Residents Association
Mt Vic Hub & Innermost Gardens*

COMING SOON

- St Marks Gala (see pge 3)
- NZ Irish Festival 15-18 Nov
- Vegan Vault - Sat 1 Dec
- Clean up Mt Vic - Sun 9 Dec
- Twilight Bowls (See pg 3)
- Cycle Touring 101 (See pg 3)
- A Very Welly Christmas - 24-25 November

Mt Victoria is having its last community dinner for 2018 on Saturday 17 November. These dinners have grown so much since our very first one in May 2016. It will be a fun filled event and a great way to meet your neighbours or make some new friends.

Starters for the night will consist of homemade breads and olive oil harvested right here in Mt Victoria. Dinner will be catered by Amber Sturtz from "Taco Addicts" - an array of vegan and vegetarian taco options, And Dessert is a scrumptious offering featuring local produce Bookings are essential - email hello@mtvichub.org.nz or text/call 021765525 - Get in Quick!



<https://hellpizza.com>

HELL PIZZA - Sponsor of the Mt Victoria Newsletter

Nominate folks doing good in your neighbourhood and get them some free Pizza!

Email nominations to hello@mtvichub.org.nz

This month pizza goes to : Rob - Clyde Quay School Caretaker



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**The Mt. Vic Newsletter is
proudly sponsored by Just
Paterson Real Estate**

News from Grant Robertson

"Ngā mihi ki a koutou. Big news from the past month (month) has been our progress on improving renting laws. We announced our proposals for a fairer system, and received feedback from people across Aotearoa on what might change.

I asked you on social media for your views so I could submit them on behalf of Wellington Central. Thanks to everyone who took part, the response was fantastic. Renting laws affect many of us, so getting this right is critical. We're already making progress with our ban on letting fees becoming law.

Mental Health Awareness Week inspired some valuable discussion last mārama. It is a great opportunity to break stigma and talk with whānau about mental health. Supporting mental health is a major priority for our Government. The Mental Health and Addiction review is out soon, and we are ready to make real change to our system.

Lastly, a big congratulations to Charise Perez, Wellington Central's next Youth MP. Her speech on depression among young people was fantastic. She will do great work in the community next year. Thank you to Eva, Ingrid and Rebekah, who also gave inspiring speeches. Like every year, it was an incredibly tough decision. These Wellingtonians have a bright future ahead.



We need your help please!

Two long-established community groups in Mt Victoria are looking for someone local to help them with their bookkeeping and accounts. If you have time and would like to get involved please get in touch - you can email Trish for their details at hello@mtvichub.org.nz or call 021765525. We promise it won't take up much of your time. Thank you.

Let's make some changes together!

The Mt Vic Hub is making plans for the Mt Victoria community to help improve our every day. Help us get to know our neighbours better, find out what events and classes locals want, and facilitate bringing people together.

At a conference we attended recently one of the biggest issues facing many people today is social isolation. We want to discover ways to help combat this and would love to hear what your thoughts are on this subject and get your input and ideas. There are many other issues that we would love to hear about as well your community hub is here to help and listen.

The Hub is a drop-in space for our community. We want to hear how we can be better and get more people involved.

We are going to look at opening the hub for more hours during the week with some volunteer help and we will be opening on the first Saturday of every month (except Jan).

You can pop into the hub at 24e Elizabeth Street or email us at hello@mtvichub.org.nz or pop along to one of our events.

We would love to meet you. -

Trish,

Mt Vic Hub Community Coordinator

PET OF THE MONTH



DICKIE is a beloved and vain canary of unknown age and sex. "He" loves to sing to his 84 year old owner. His favourite food is sliced apple, without the skin on because he's fussy, and his favourite TV show is a toss up between 'TV1 News' and 'Aljazeera'. He takes first prize for the 'early riser award' as his ever tolerant owner lies in bed listening to his little 6am 'chirps'.

If you would like your pet to star in the Mt Vic newsletter send in their photo & details to caroline@justpaterson.co.nz

 Follow us on [petsofmontvic](https://www.instagram.com/petsofmontvic)

Mt Victoria Residents Association

We were fortunate enough to be introduced to some awesome ideas regarding urban design at our AGM not so long ago, and it's important to keep these in mind as we see plans for developments popping up around Mt Victoria. Do they encourage community living and engagement, supporting inclusivity and diversity, or are they just shelter from the weather? Do they look good? Are they practical? Who will they attract? What effect does the building have on its neighbours? The thing to keep in mind is that it is possible to develop well. We just have to keep letting our council and our developers know that we want that. You can check out some proposed developments at our website. Let us know what you think. In the last month, we took part in the Community Consultation for Charities Act Review Project and appeared at the Wellington City Council's Alcohol Control Bylaw Oral Hearing. We're heading along to the Inner-City Wellington 10th Founding Day Celebrations next week. It's always useful to catch up with groups from nearby; we share a lot of common issues and interests. Days are longer and warmer, and lately, there's been the occasional waft of barbecue smell to enjoy. With that in mind, we're co-hosting, with the Mt Vic Hub, this year's Gathering in the Gardens, kicking off at 2 pm on November 25th. Last year was a super day, with lots of great Mt Victoria talent on display. Do come!! As always, we'd love to hear from you about this and anything else on your mind about Mt Victoria: Email us at mtvicra@gmail.com Or call me on 021 188 7432 Have a look at our website <http://www.mvra.org.nz> Cheers, Angela

What's At BATS? A Story.....

"There's the story...then there's the story of how the story came to be told. Then there's what you leave out of the story. Which is part of the story too." Margaret Atwood

BATS is all ready to welcome its annual STAB commission into the building. This year's highly anticipated production, Actual Fact, takes you on an immersive journey into your own meaning-making processes. In a stimulating, multi-sensory environment, notions of truth scatter into a saturated haze on the horizon and then slowly begin to take shape. This work is created and performed by a talented group of females who are no stranger to BATS. Isobel MacKinnon (My Best Dead Friend; Soft 'N Hard) and Meg Rollandi (WATCH; The Devil's Half-Acre), the co-designers and co-directors, are dedicated to presenting technically rich and design-led performance experiences. It will be performed by the ever-talented Karin McCracken (Jane Doe; Body Double), Madeline McNamara (Demeter's Dark Ride - An Attraction; White Elephant) and Freya Finch (Maggot).

Actual Fact opens on Friday, 16th November at 8pm with a preview on Thursday, 15th November. It runs until Saturday, 1st December. Visit bats.co.nz for more information and tickets. Follow along with Actual Fact's campaign at actualfact.co or facebook.com/actualfactshow.



Twilight Bowls at Mt Victoria Bowling Club

If you're looking for somewhere to bask in your recently acquired extra hour of daylight look no further than our Twilight Bowls Competition! Whether you're good or bad, new or experienced get on down and take advantage of the sunniest spot in Mt Victoria every Tuesday this November. The Competition consists of two games every Tuesday (6-8pm) for 5 weeks starting on the 6th of November through to completion on the 4th of December. Entry is \$80 per team (4 players minimum and any number of subs allowed) at just \$4 per week each it's a great introduction to bowls. There will be spot prizes up for grabs every week, cash prizes, catering by current Wellington on a plate Burger winners Wilson Barbecue and as any former competitors will attest a whole heap of fun! Register your team of four by emailing AJ and Dan at socialbowls@gmail.com. Get in quick as spaces are filling up quickly! Whilst you're there consider inquiring about our incredibly reasonable summer memberships!

Steady as you GO in Mt Victoria

Steady As You Go classes and exercises are designed to help older people in their ordinary everyday lives. Groups practice balance, coordination-building and muscle-strengthening exercises such as standing on tip toes or moving from a sitting to standing position. They are held weekly, for one hour a week. Some of the classes have had participants who have recovered from serious illness, and quite a few have had hip replacements and they have attended the classes 6 weeks later. No one is ever turned away. Classes are held weekly in Mt Victoria at the **Quakers Meeting room, 7 Moncrieff Street**. Classes are \$2 each and there is a cup of tea at the local Mt Vic Hub afterwards for everyone.

Another great community event!

GALA
at St Mark's School

Sunday 11 November – 10:30am to 2pm

Dufferin Street, Basin Reserve, Wellington
Parking available at Wellington College

Food, toys, books, white elephant, music, fun for kids, designer clothes and lots more!

CYCLE-TOURING 101 & optional multi-day tour

Ever dreamed of hitting the road on your bike? This 1 day course will get you and your paihikara prepped for touring this summer. You will also get the chance to join WACC founders Phoebe & Steph on an actual 2-3 day tour!

DATE: Saturday 10 November

TIME: 10am- 4.30pm. Lunch provided.

LOCATION: Clyde Quay School, 27 Elizabeth St, Mt Vic.

COST*

Waged + koha \$160

Waged \$140

Student/unwaged \$110

Child (under 18) \$40

COURSE OUTLINE**

touring tools & mechanical repairs

touring bike accessories

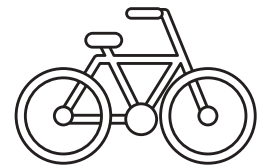
Planning your route

Road safety (plus practice riding a loaded bike)

pre-ride bike check

***WACC is committed to making our workshops**

accessible. If cost is a barrier, please get in touch. If you are a waged adult who would like to support our efforts to level the playing field, we suggest adding a koha of \$10-\$20 to your course fees.



Classes & Groups

Wellington Central Grey Power.
www.greypowerwellington.org.nz
You can sign up by email
greypowerwellington@gmail.com

Over the Rainbow Dance Classes
Plimmer House Innermost Gardens
Creative Ballet, Jazz & Preschool
classes. Affordable & quality classes.
www.overtherainbow.dance

**Awareness through Movement
classes (Feldenkrais Method) -**
Monday (School term) Clyde Quay
School at 6pm.
Call Sue 0274667123

Transition Towns Mt Victoria
The next meeting of Mt Victoria
Transition Towns will be held at the
Mt Victoria Hub, 24e Elizabeth St, on
Tuesday 13th October commencing
7:30pm.
It will be include clips on sustainable
urban living. All welcome
For further information contact Frank
Cook, 0276496508

**Peak Players Table Tennis - Mon 9.30-
12pm; Wed 1.30-4pm.** Constable St.
end of Alexandra Rd. \$4 Diana Winn
winnich@xtra.co.nz or 801-9556.
Seniors especially welcome.

PikoPiko Clyde Quay Kindergarten
Mon-Fri 8.45-2.45pm, @ Elizabeth &
Brougham. Offers 20 hours ECE.
04.385.0441 or
www.wmkindergartens.org.nz

Crossways Community Crèche at 61
Majoribanks St is a parent-run early
learning centre for children aged 1 to
5. It is open Monday to Friday with
sessions running from 8:30am until
1:15 or 2:30pm, and offers 20 hours of
state-funded ECE for over 3s. Contact
us at 04 3848201 or email
julie@crosswayscreche.org.nz

Tai Chi - Friday Mornings at the Irish
Society, 10 Fifeshire Avenue. 10-
11.30am

Scottish Country Dancing: 7:30pm
every Wed, at St Mark's Hall, Basin
Reserve,
\$5 entry, for lots of fun, all welcome.

Mt Victoria Toastmasters at Tararua
Tramping Club, Moncrieff St. See
website for class times and dates
https://mtvicttoastmasters.org.nz

Steady As You Go (SAYGO)
\$2 per class. Quaker Meeting Rooms,
7 Moncrieff Street, Mt Victoria
Monday at 11.00am
Call Age Concern Wellington
04 4996646 or email
communitysup@acwellington.org.nz

Innermost Gardens - Gardening
Sundays - 11am-2pm 6 & 20 October
Everyone is welcome and Tuesday
morning gardening every week from
10am - 12pm

**Eckankar - Spiritual Wisdom on
Relationships**
2-3.30pm. Mt Vic Hub, 24E Elizabeth
St., Mt Victoria. For dates ad times
RSVP Viva - (021) 338482. Donation \$5

**Qigong - Chun Yuen Quan and Dayan
Qigong.** Tuesday 6.00-7.30pm
Contact Cynthia Shaw (04) 384 3199
or info@newzealandqigong.com

One Mindful Breath Wellington's
secular Buddhist community - every
Wed 7:15-9:15, Friends' Centre, 7
Moncrieff St. Contact Noah 021 885
180 or
onemindfulbreathnz@gmail.com.

As I write this there are exactly 8 weeks till Christmas!
And if you're thinking of selling this side of Christmas don't
worry, there is still plenty of time to get your home ready.
If you need help with anything whether it's weeding your
garden, organising a builder or painter, or even some styling tips,
that's all part of my service. Please get in touch as I'd love to help.



Caroline Collison

027 566 1666 | caroline@justpateron.co.nz

Your local real estate salesperson living
and selling in our neighbourhood

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JUST PATERSON

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RECENT MT VICTORIA SALES STATISTICS FROM REINZ

Lipman St	\$1,705,000
Pirie St	\$1,401,000
Kent Tce	\$512,000
Brougham St	\$435,000
Brougham St	\$420,000



WHEN YOU SPEND \$25 OR MORE ONLINE. JUST USE THE BELOW CODE:

WEBSITE CODE:

MTVIC666

HELL.CO.NZ

THIS OFFER IS ONLY AVAILABLE TO MT VICTORIA RESIDENTS. OFFER IS ONLY AVAILABLE FROM HELL CUBA ST,
BOND ST & HATAITAI. NOT AVAILABLE IN CONJUNCTION WITH OTHER ANY OTHER OFFER. STANDARD T&CS.

Beginners Ukulele Workshop

Uke & Spread the Love
Sunday 11 November @ 2pm-4pm
Mt Vic Hub, 24E Elizabeth Street
wellington.heart.nz@gmail.com
Ph/text 027 345 2010

Compassionate Communication

Empathy and Emotional
Intelligence (EQ)
Sunday 18 November @ 2pm-5pm
Mt Vic Hub, 24E Elizabeth Street
wellington.heart.nz@gmail.com
Ph/text 027 345 2010

Public Forum: Wellington Heart

From Conflict to Connection
Wednesday 28 November @ 7pm
Mt Vic Hub, 24E Elizabeth Street
wellington.heart.nz@gmail.com
Ph/text 027 345 2010

If you would like to contribute,
send feedback to the newsletter
or help out your community
centre in any way get in touch,
we would love to hear from you
Email: hello@mtvichub.org.nz or
Tel: (021) 765 525 or (04) 3901411.
Follow us on Facebook or
Instagram - Mt Vic Hub

Unclassified Ads

33 Sunflowers - Massage Therapy

Contact: thirtythreesunflowers@gmail.com
or www.22sunflowers.com

An Extra Pair of Hands - Home

Cleaning Contact:
info@anextrapairofhands.co.nz or call 0800
535 355 for a free quote

Highly experienced house and pet sitter

available for Mt Vic area. Christina
kiwichriss@hotmail.com or 027 64 88 747

Large Garage Space available in Mt Victoria

5m X 5m X 5m. Ph Margaret 022 094 5080

Dog Walking - College age boy looking for

dog walking or odd jobs lives locally in Mt
Victoria call Louie 0210797794

Experienced & Mature Nanny/Babysitter

available. Contact: Georgina - 021 232 3015

Guitar tutor wanted: weekly lessons for year

8 beginner located in Mt Vic.
Ph/text 021 0701 860