



### Fashion For Life - THANK YOU!

The Fashion For Life team is pleased to announce that Fashion For Life was a huge success. Even though the weather wasn't great, the turnout was amazing with hundreds of people showing up. The fashion show was a fantastic way to start the event off as many people enjoyed watching how old clothes could be repurposed. The Fashion For Life team would like to thank everybody who donated clothing, baked some goods for the bake sale or turned up on the day, this event wouldn't have been possible without you. We would also like to thank Trish for all the help and support she gave us, from providing the team with a space to sort clothes to making amazing posters to advertise the event. We are also pleased that all the extra

clothing that was not sold on the day was donated to three local charities: Women's Shelter, Taranaki Street Men's Shelter and Women's Refuge. Huge thanks to all!



### Mt Victoria a Food Destination.



**WELCOME TO MT VIC!**  
**ALL VEGAN MONTHLY MARKET**  
**SATURDAY 8TH SEPTEMBER 6-9PM**

We want to extend a huge warm Mt Victorian welcome to NZ's first all-vegan monthly night market the "Vegan Vault"! It will be held at Clyde Quay School on Saturday 8th September, 6-9pm and the first Saturday of each month going forward. Bring the family along for dinner, catch up with neighbours and make a fun evening of it!

BEE AWARENESS MONTH 2018 

# BEE HAPPY

AT INNERMOST GARDENS  
 SUNDAY 16TH SEPTEMBER  
 1 - 3PM

- SOUP AND BREAD FOR LUNCH
- WAX WRAP MAKING
- HONEY TASTING
- HOT LEMON HONEY DRINKS
- BEEKEEPER TALKS WITH DAVE HUDSON AT 2PM
- BRING YOUR OWN T-SHIRT, BAG, T-CLOTH OR ANYTHING AND PRINT IT
- PLEASE BRING CASH KOHA FOR ALL ACTIVITIES!



Come along and celebrate BEEs with us at Innermost Gardens on Sunday 16th September from 1 pm - 3 pm, after the gardening session ( come along and help out gardening too 11am -1pm) We will have a speaker telling us all about bees and the wonderful work they do and what we can do to help them. There will also be activities, a soup lunch, and hot drinks available. Check out the event on Facebook at Mt Vic Hub or Innermost Gardens for updates. Please bring cash as there is no EFTPOS at the gardens.



**HELL PIZZA - Sponsor of the Mt Victoria Newsletter**  
 Nominate folks doing good in your neighbourhood and we will get them some free Pizza!  
 Email nominations to [hello@mtvichub.org.nz](mailto:hello@mtvichub.org.nz)  
<https://hellpizza.com>



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# Mt Victoria Residents Association

I don't know about you, but even though it's been a pretty mild winter, I'm happy to be moving into Spring. Awesome things to note in our neighbourhood - in no order, and certainly not exhaustive:

- The new public seat on the corner of Hania and Pirie Streets. Under a shady tree, and everything. Just wonderful.
- The lovely, much-admired revamp of Ortega, on Majoribanks Street.
- Two new eateries that I've enjoyed very much recently - Frenchie, on Majoribanks Street, and Nougatine, on Cambridge Terrace. Check them out.
- Magnolia is out EVERYWHERE. I know I've missed lots, but you get the picture. It's a great time to be out and about, drinking it all in.

## MVRA AGM:

The MVRA's AGM is coming up, on September 20th, in the Tararua Tramping Club Hall on Moncrieff Street. We kick off the formalities at 6:30 pm, then we'll be immersed in a presentation on the possibilities of Urban Design. It's important that we understand what's possible and what's good, as Mt Victoria is developed to house more people. We want to see good, sustainable, attractive designs that accommodate the full spectrum of living arrangements - families, single people, couples, whatever. We want people to enjoy living there, to have a connection to nature and the community. So, do come along.

We'd love to hear from you about this and anything else on your mind about Mt Victoria:

Email [mtvicra@gmail.com](mailto:mtvicra@gmail.com)

Website <http://mvra.org.nz> Or call me on 021 188 7432

Cheers, Angela.

## Hello From and Welcome to Councillor Young

**Suffrage125** is fast approaching; the celebration of New Zealand women gaining the vote in 1893 for Parliamentary elections - although interestingly, women gained the vote for local government elections in 1875. My maternal grandmother, Jacobina, signed two of the three Suffrage petitions while she (and her husband John Pearce Luke) were living in Ellice Street.

My grandmother (Alice Young) lived in Brougham Street until her death in the early 1960s, and her parents (George and Annie Lambert) built Highbury House in Bosworth Terrace where they lived until their deaths in the 1930s. I think the house was demolished some years ago.

Now, after 15 years of apartment life in Te Aro, I've bought a house in Mt Victoria - immediately next to my parents' first home, where I lived until the age of ten. I've returned to my turangawaewae and, from my garden, I look directly up at my childhood bedroom: proof that the apple doesn't fall far from the tree. I'm looking forward to gardening again, so I'm paying particularly close attention to which trees and plants are thriving in nearby gardens.

Do say hello if you see me walking around Mt Victoria!

Nicola Young

E: [nicola.young@wcc.govt.nz](mailto:nicola.young@wcc.govt.nz)

M: 021 654 844



## Steady As You Go (SAYGo) Coming to Mt Vic

Steady As You Go (SAYGo) is an Age Concern exercise class and it is coming to Mt Victoria from the end of September. This programme improves balance and leg strength, flexibility, general fitness and wellbeing and is a great way to meet new people. SAYGo has been shown to provide continuous improvements in strength and balance over time in 56 much-loved community based, ongoing peer-led classes throughout the country and now, here in Mt Victoria.

You could save yourself from a fall by attending a Steady As You Go (SAYGO) class. These community based weekly classes run for 1 hour each week, and the cost is \$2 per class.

Where: Quaker Meeting Rooms, 7 Moncrieff Street, Mt Victoria

When: Commencing Monday 24 September at 11.00am

Enquiries and Bookings

Ann Dalziel - Age Concern Wellington

04 996646 or email [communitysup@acwellington.org.nz](mailto:communitysup@acwellington.org.nz)

## A word from Grant Robertson



"Ngā mihi ki a koutou.

Next year, Parliament is hosting the Youth Parliament programme and in the next few weeks, I will be searching for my next Youth MP.

It is a fantastic opportunity to engage with our democracy, experience Parliament

firsthand and advocate for young Wellingtonians. If you are or know a year 12 student who would be interested, email [youthmp@grantrobertson.co.nz](mailto:youthmp@grantrobertson.co.nz) to learn more!

The recent bus changes have caused headaches for many of you. I've met with Wellington Regional Councillor Daran Ponter about the problems, particularly overcrowding and infrequency of routes like the No 2. The Regional Council has agreed to put more buses on the No 2 route, and there are promises of more changes to come. It is frustrating that these changes aren't able to be implemented immediately, but I will keep pushing on them.

Some news I am pleased about is the phasing out of single-use plastic bags. We use hundreds of millions of plastic bags each year, and they often end up polluting our precious natural environments. This issue has been raised with me quite often, and I'm glad we've taken action.

Take care and all the best for the next month."

## What's Happening at Victoria Bowling Club

Victoria Bowling Club is holding its Opening Day for summer on 15 September and would love the community to come along to support us. The greens are open all afternoon from 1pm for anyone to come have a roll, and at 2pm Mayor Justin Lester is coming along to roll down as well. Bowls clubs have been in the media a bit over the last year, and the popularity of bowls is rising. Your club in Mt Victoria features a mixture of young players in National teams, to people of all ages competing or just enjoying the comradery of the game

On 22-23 September is one of the biggest tournaments on the Bowls New Zealand calendar, the Victoria Pairs. Featuring top New Zealand talent from up and down the country playing against our local Mt Victoria heroes! Qualifying is on Saturday, and finals on Sunday. The finals are well worth checking out for some quality bowling that some of us can only dream of...

## Mt Victoria Residents Association A.G.M.

Thursday 20th September

Starting at 6.30pm

Tararua Tramping Club

4 Moncrieff Street

Followed by a presentation from Wellington City Council on Urban Design  
Everyone is Welcome.

## September at BATS.

September marks the inaugural New Zealand Theatre Month, a time to celebrate and elevate theatre conceived in Aotearoa. We want to encourage people to come in and support their local artists and venues. BATS has a number of New Zealand conceived works, including *She Danced on a Friday*, a show about Margery Hopegood, who was brutally murdered on the banks of the Waikato River. Born in New Zealand and adopted at birth, Margery wasn't just a tourist. For the first time she was coming home to discover her birth story and the women who held it. She never got to discover her story, but decades later, we do. Also showing is *"I'll Tell You This for Nothing - My Mother the War Hero"*. Why did France award the Legion d'Honneur - its highest accolade for exceptional courage - to Phyllis, a little known Kiwi woman from Ireland? War, bravery, romance and danger abound in this WWII solo show. More information and tickets available at [bats.co.nz](http://bats.co.nz).

## Fairy and Elf School

Welcome to Fairy and Elf School! Join Fairy Cat and Friends on an enchanting school holiday adventure through all things fairy and elf! This promises to be a truly captivating and magical event, the most fun you've ever had at school! Play fun, interactive games, learn magical dances, go on a mystical treasure hunt and receive a special graduation gift and certificate! Pirate and Mermaid School is also available!

**When:** October 4th, 5th, 11th and 12th

**Where:** Clyde Quay School hall - 1pm and 3pm shows

Tickets available from [www.eventfinda.co.nz](http://www.eventfinda.co.nz)

Email [fairycatparties@outlook.com](mailto:fairycatparties@outlook.com) to receive a special promo code for \$10 tickets, only available to Mount Victoria residents!

[www.facebook.com/fairycatandfriends](http://www.facebook.com/fairycatandfriends)



It's Māori Language week this month, 10-16 September. We thought we would use Te Reo Maori on our front page banner.

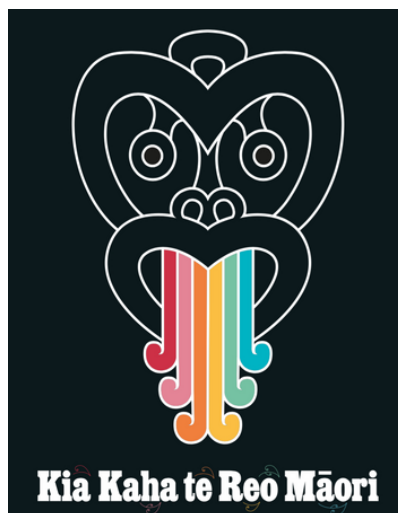
The theme for this year is 'Kia Kaha' which is well known in New Zealand English with its correct Māori meaning of 'be strong'.

**He aha te mea nui o te ao**

**What is the most important thing in the world?**

**He tangata, he tangata, he tangata  
It is the people, it is the people, it is the people**

Maori Proverb



It's Spring!  
Let's give our fledgling native birds and baby insects a good chance at survival by getting yourself a trap and join our gang of Backyard Trappers here in Mt Vic!

Contact Ian Robertson at [predatorfreemtvic@gmail.com](mailto:predatorfreemtvic@gmail.com) or (027) 449 1489.

## Pet of the Month



Johnny is a border collie. He likes to go to work with his Mum at Woodstock Florist where he spends a good amount of his day lounging around the workroom. He has a good nose on him and conveniently sniffed out a mouthguard on the floor of the car! #johnnythebordercollie

If you would like your pet to star in the Mt Vic newsletter send in their photo & details to [caroline@justpaterson.co.nz](mailto:caroline@justpaterson.co.nz)

 Follow us on [petsofmtvic](https://www.instagram.com/petsofmtvic)

## Just One Mindful Breath

Wellington's secular Buddhist community, One Mindful Breath, meets at the Friends Centre in Moncrieff St on Wednesday evenings from 7:30-9:15pm, and everyone is welcome.

If you're wanting a practice of meditation that is secular in orientation and framed by Buddhist ethical and philosophical values, at One Mindful Breath we explore the role of mindfulness in embracing the suffering of life, letting go of the dictates of reactivity, experiencing the calm and clarity of spaciousness, and cultivating creative engagement as a way of being in the world.

The first Wednesday of each month we call 'Beginners' Mind' and it offers you a chance to experience a short meditation practice. Whether you've never meditated before or you tried but found it too hard, you're most welcome to join us. You'll find out you won't be trying to 'stop your thoughts', and you will be learning a useful skill.

Find out more from Noah on 021 885 180 or [onemindfulbreathnz@gmail.com](mailto:onemindfulbreathnz@gmail.com) and at [onemindfulbreath.org.nz](http://onemindfulbreath.org.nz).

## HELP US TO HELP THE MALAGHAN

October is Malaghan Month at Just Paterson, and we would like you to help us help raise money for this incredible Wellington medical research organisation and their research into CART-T cell programmes to help treat and cure cancer.

Since the death of our co-founder, Sally Paterson, to a rare form of brain cancer, we have raised over \$300,000 for brain cancer research, through sponsorships, charity auctions and our annual Malaghan Month promotion.

So list and sell your home with us in October, and not only will we give you an incredibly generous advertising package, we will also donate a \$1,000 per sale to the Malaghan Institute.

Contact us now so that you can help us help the Malaghan.



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## Classes & Groups

**Wellington Central Grey Power.**  
www.greypowerwellington.org.nz You can sign up by email greypowerwellington@gmail.com

**Over the Rainbow Dance Classes**  
Plimmer House Innermost Gardens  
Creative Ballet, Jazz & Preschool classes. Affordable & quality classes.  
www.overtherainbow.dance

**Awareness through Movement classes (Feldenkrais Method) - Monday (School term) Clyde Quay School at 6pm.**  
Call Sue 0274667123

**Transition Towns Mt Victoria**  
The next meeting of Mt Victoria Transition Towns will be held at the Mt Victoria Hub, 24e Elizabeth St, on Tuesday 11th August commencing 7:30pm.

It will be a showing of a film about sustainable solutions. All welcome  
For further information contact Frank Cook, 0276496508

**Peak Players Table Tennis - Mon 9.30-12pm; Wed 1.30-4pm.** Constable St. end of Alexandra Rd. \$4 Diana Winn winnich@xtra.co.nz or 801-9556. Seniors especially welcome.

**PikoPiko Clyde Quay Kindergarten**  
Mon-Fri 8.45-2.45pm. @ Elizabeth & Brougham. Offers 20 hours ECE. 04.385.0441 or www.wmkindergartens.org.nz

**Crossways Community Crèche** at 61 Majoribanks St is a parent-run early learning centre for children aged 1 to 5. It is open Monday to Friday with sessions running from 8:30am until 1:15 or 2:30pm, and offers 20 hours of state-funded ECE for over 3s. Contact us at 04 3848201 or email julie@crosswayscreche.org.nz

**Tai Chi - Friday Mornings** at the Irish Society, 10 Fifeshire Avenue. 10am

**Scottish Country Dancing:** 7:30pm every Wed, at St Mark's Hall, Basin Reserve, \$5 entry, for lots of fun, all welcome.

**Shut Up and Dance!** Want to learn how to dance to Beyoncé's "Single Ladies" or Michael Jackson's "Beat It"? Wellington Irish Society, 10 Fifeshire Avenue. Thursday - 7.30pm  
www.shutupanddance.co or check Facebook

**Mt Victoria Toastmasters** at Tararua Tramping Club, Moncrieff St. See website for class times and dates  
https://mtvicttoastmasters.org.nz

**Hula Hoop Classes.** Tuesdays 5.30-6.30pm  
Contact Evelyn - 022 0783889 or email coulson.ev@gmail.com

**Innermost Gardens - Gardening**  
Sundays - 2 & 16 September 11am-2pm. Everyone is welcome and the new Tuesday morning gardening every week from 10am - 12pm

**Eckankar - Spiritual Wisdom on Relationships**  
Sunday 30 September 2-3.30pm. Mt Vic Hub, 24E Elizabeth St., Mt Victoria.  
RSVP Viva - (021) 338482. Donation \$5

**Qigong - Chun Yuen Quan and Dayan Qigong.** Tuesday 6.30-8pm Contact Cynthia Shaw (04) 384 3199 or info@newzealandqigong.com

**One Mindful Breath** Wellington's secular Buddhist community - every Weds 7:15-9:15, Friends' Centre, 7 Moncrieff St. Contact Noah 021 885 180 or onemindfulbreathnz@gmail.com.

Spring has sprung and I can't wait for the warmer and longer days ahead! To celebrate, I'm giving away **4 bunches of flowers from Woodstock Florist**. To be in the draw to win a bunch, simply send me an email with "Spring" in the subject line. The winners will be announced in next month's newsletter.

As your local real estate salesperson living in our wonderful neighbourhood, we are seeing a huge buyer demand at the moment so please get in touch if you'd like to talk anything real estate.



Living and Selling  
in Your Neighbourhood

**Caroline Collison**

027 566 1666 | caroline@justpateron.co.nz

carolinecollisonx carolinejustpateron

## REGENT MT VICTORIA SALES STATISTICS FROM REINZ

Armour Ave \$1,590,000  
Brougham St \$899,000  
Brougham St \$400,000  
Hawker St \$1,220,000  
Roxburgh St \$1,150,000



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**Wellington Heart - Conflict Resolution for Home & Work**  
Wednesday 26 September @ 7pm  
Mt Vic Hub, 24E Elizabeth Street  
Email wellington.heart.nz@gmail.com  
Ph/text 027 345 2010

**Transmission Meditation (group session) - Sunday 2 September 3.30pm - 5.30pm**

**Transmission Meditation (group session) - Sunday 16 September 3.30pm - 5.30pm**

**Compassionate Communication Workshop - Transforming Anger, Guilt & Shame**  
Sunday 23 September @ 2pm - 5pm

**If you would like to contribute, send feedback to the newsletter or help out your community in any way get in touch, we would love to hear from you**

**Email: hello@mtvichub.org.nz or Tel: (021) 765 525 or (04) 3901411.**

**Follow us on Facebook or Instagram - Mt Vic Hub**

## Unclassified Ads

**33 Sunflowers - Massage Therapy**  
Contact: thirtythreesunflowers@gmail.com or www.22sunflowers.com

**An Extra Pair of Hands - Home Cleaning** Contact: info@anextrapairofhands.co.nz or call 0800 535 355 for a free quote

**Highly experienced house and pet sitter** available for Mt Vic area. Christina kiwichriss@hotmail.com or 027 64 88 747

**Large Garage Space available in Mt Victoria** 5m X 5m X 5m. Ph Margaret 022 094 5080

**Dog Walking - College age boy** looking for dog walking or odd jobs lives locally in Mt Victoria call Louie 0210797794

**Experienced & Mature Nanny/Babysitter** available. Contact: Georgina - 021 232 3015

**Daytime Dog Minder - looking for someone** to look after our pup during work hours. Contact Jonathan 0212537896