



## Treasure Hunt Thanks!

Our Annual Mt Vic Treasure Hunt was held on Sunday, 18 March. Wellington put on a perfect day, and we really enjoyed meeting all the Treasure Hunt participants as they registered and made their way around the stations.

The after-party at Innermost Gardens was very well attended - we went through over 200 sausages, 12 loaves of bread and multiple bowls of salad. With entertainment from Art Jam and the Mighty Ukes, we all enjoyed the chance to chill out in the sunshine as Autumn begins to roll into our city.

One of the key ingredients of success for the day was our volunteers. We want to offer a HUGE thank you to all of you who contributed to the day - we couldn't do it without your wholehearted support. We look forward to seeing you kick back at events later this year (make sure you join us for community dinners!).

Speaking of support, I am very pleased to welcome a new sponsor to the Mt Vic Newsletter this month - Hell Pizza. Hell has a great community support programme, and we are delighted they have decided to become Mt Vic Newsletter supporters. Keep an eye out for their offers in the Newsletter. Hell joins our long-standing supporter, Just Paterson, so we have a great team to keep us going forward!

Check out these photos in colour on our website and facebook page. The newsletter is also in colour online at [www.mtvichub.org.nz](http://www.mtvichub.org.nz)

## Meet the Mayor and have your say

Me Heke Ki Pōneke Absolutely Positively Wellington

An opportunity to hear from the Mayor and Councillors about plans for your area - ask questions, voice concerns, meet neighbours and engage with Wellington City Council

City Councillors: Chris Calvi-Freeman, Brian Dawson, Fleur Fitzsimons, Sarah Free, Iona Pannett and Nicola Young look forward to talking with you on the night

5.30pm  
Wednesday  
18 April 2018

Clyde Quay  
School Hall,  
27 Elizabeth Street  
Mount Victoria

# mayor in the chair



## HELLO MT VICTORIA

New sponsor of the Mt Victoria Newsletter



**JUST PATERSON**  
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*The Mt. Vic Newsletter is proudly sponsored by Just Paterson Real Estate*

# Mt Victoria Residents Association News

Transport issues in general are on our minds this year. The Let's Get Welly Moving programme has collated feedback on its four published scenarios for the city, and now we wait to hear which, if any, of those scenarios will be progressed.

With this on the horizon, we've planned a public meeting, to take place in May. We think the time is right to share, with local and central government representatives, the community's vision for transport in our city. It's an opportunity for us to share the issues we see looming or already in existence, and the successful outcomes we enjoy.

Remember, this is where we live - where we catch buses and ride bikes and park cars and walk to school and the markets and so on and so forth.

Decisions made around transport at the Basin and through Kent and Cambridge Terraces have an impact on how all of us live in Mt Victoria. Come to the meeting - look out for full details in next month's newsletter.

One success that I'm chuffed to report on is that we've got a traffic control box at the Pirie St/Kent Tce intersection. It's working well. Most importantly, it makes that intersection safer and more straightforward for the younger cyclists in our community. Another one at Majoribanks St would be the icing on the cake, but small steps ...

I'm writing this with a beautiful photo next to me. It's of a pile of handwritten wishes, from the wishing tree at the (truly excellent) Mt Vic Treasure Hunt earlier in the month. It's a sweet indicator of what's really important.

My favourites are, in no order:

- Many more glorious years
- More places to cycle
- More bees in the city
- A safe and welcoming neighbourhood
- A dog.

I think we can get somewhere with these.

As always, let us know your thoughts on these and any other wishes you might have for the Mt Victoria community.

Email: [mtvicra@gmail.com](mailto:mtvicra@gmail.com)

Facebook: [MtVictoriaResidents/](https://www.facebook.com/MtVictoriaResidents/)

Website: <https://mvra.org.nz>

Or call me on (021) 188 7432.

Cheers, Angela

## Good Vibrations! Sound Therapy



Feeling frazzled, tired or stressed?

Maybe it's time to spend some time de-stressing. Sound Therapy could be just the right tool for you. Medical studies have shown that Sound Therapy is beneficial in reducing stress levels, by actively reducing cortisol levels when the meditative state is reached.

Ailments such as insomnia, inability to focus, infertility, physical issues and mental health diseases have been shown to benefit from this form of therapy. Good Vibrations Sound Therapy is ready to help you get your wellness back into balance.

To book, phone Sharon on 0212648544, or check out [goodvibrationsoundtherapy.co.nz](https://www.goodvibrationsoundtherapy.co.nz)

# WHY THE HELL WE CARE?

HELLO Mt Victoria, Hell Pizza cares about the community and, by sponsoring this newsletter we are only getting started. We at Hell Pizza know how important the community is and believe this newsletter is the perfect way to get the community more involved and therefore closer and safer.

Hell Pizza also wants to reward the true heroes of any community ... the volunteers. And what's the best way to reward them? .... free Hell Pizza, of course!

So, if you know any volunteer or any club in your community who deserves recognition, email your nominees to [hello@mtvichub.org.nz](mailto:hello@mtvichub.org.nz), and we will reward you every month with Free Pizza.

To make sure we are being nice to everyone, from now on we are going to SHOUT everyone who lives in Mt Victoria free delivery on their pizza orders. To get free delivery on your next pizza, there's a code on the back page and use it when checking out at [www.hellpizza.com](http://www.hellpizza.com)

And this is only the beginning!!

## A Word From Grant Robertson

Ngā mihi ki a koutou. The Government has taken the first step to improve the rights of renters. We know we need to make rental costs more realistic, which is why the Government has introduced a bill to ban letting fees paid to landlords; this will reduce the initial cost of new rentals for Wellingtonians. More action to come once we've reviewed the Residential Tenancies Act.

Arts and culture has been front and centre in Wellington this month with our wonderful festival. Huge congratulations to all involved.

I visited Te Auaha to see their new creative campus on Dixon Street. Their facilities include a modern theatre, recording studios and more. Spaces like these will add a lot to Wellington's cultural arena.

I also got the chance to attend the opening of Te Papa's Toi Art Gallery, a great addition to the museum holding some incredible pieces of art. I am excited to see what happens in the next stage of the revamp!

Wishing you all the best for the month ahead. Look out for my autumn newsletter, which will be delivered soon. If you'd like to receive an electronic version of our newsletter, email [newsletter@grantrobertson.co.nz](mailto:newsletter@grantrobertson.co.nz)



## Twinkle! School Holiday Play at BATS

If you and your children are looking for fun activities during the April school holidays, look no further than BATS Theatre! We're welcoming Little Dog Barking theatre company to The Propeller Stage to bring us Twinkle from 24 to 28 April.

After young Twinkle's cell phone breaks, she turns to her big imagination for an adventure. She and her favourite toy, Dino, dream about flying to the moon and to other worlds together. How can Twinkle get there?

The show is performed by Kenny King and Amy Atkins, both skilled and experienced puppeteers. Last year, they brought the shows Paper Shaper and Wilfrid Gordon McDonald Partridge to BATS.

Twinkle is a wonderful, imaginative fantasy play suitable for children aged 2 to 10 years old. We'd love to see you here for a fun, entertaining day at the theatre.

24 - 28 April (not Anzac Day)

10am and 11:30am

Bookings at [bats.co.nz](http://bats.co.nz) or

(04) 802 4175

Adults and children aged 2 and over - \$12.50

Family price (4 tickets) - \$40

Children under 2 - Free



# Rubbish Stuff: Composting Do's and Don'ts

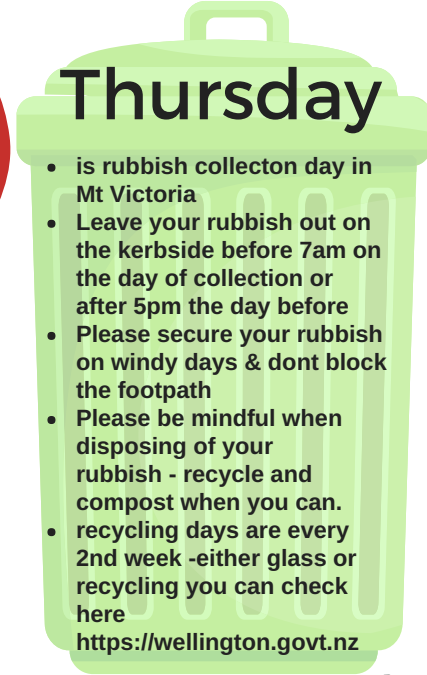
## Rubbish Collection in Mt Victoria



**We Love**



**We Don't Love**



Please avoid bringing your waste up in cornstarch bags as our compost doesn't get hot enough to break them down. A plastic container lined with newspaper works well, and you can hose it out after emptying. This is a domestic compost, so it can't handle large amounts of the same thing. And the smaller the pieces, the faster they break down. We need a good balance of greens and browns for a healthy compost. Once you have added some greens to the OPEN compost bin, please add the same amount of browns – there are coffee husks supplied in the black bins alongside the open bin. **Thank you from Innermost Gardens**

Cut out and keep me



We also recommend - Bokashi Systems available from Sustainability Trust, 2 Forresters Lane and Kai Cycle who will pick up your compost from your home - <http://kaicycle.workerbe.co>

## Thanks for the scraps, but please follow our rules! - Innermost Gardens.

There is nothing like digging out the compost bins to realise what not to put in them!

At Innermost Gardens we operate 9 compost bins. They are open to the public to use - in fact we encourage our neighbours to contribute food scraps as the resulting compost is a fantastic source of nutrients for our garden beds. But, when composting is not done properly, it can result in unpleasant smells, vermin, and a sludgy lump that doesn't rot correctly.

Last month we emptied one bin and found plastic Nespresso coffee pods, takeaway coffee cup lids, straws and bio bags that people had brought scraps in which hadn't broken down as quickly as the material inside them.

There were also pockets where the scraps had turned to smelly sludge as there was too much 'green' or nitrogen-rich material in one place. This anaerobic digestion is something that we want to avoid, by adding high carbon material evenly through the pile. We always have a bin of coffee husks alongside the open compost bin and ask that, whenever people add their scraps, they cover them with a similar sized layer of husks.

### New signs

With increasing contributions from our neighbours, the compost bins really need to operate optimally, so we have revised signage to include some do's and don'ts for our compost bins.

### Vermin

We also don't like coming across mice and rats in the compost. We're planning to install mesh around the bins and have predator traps in the area, but our neighbours can do their bit too.



Keeping compost contributions vegan helps (ie no meat, fish or dairy), and also avoiding leftovers and bread keeps rats and mice out. If you do want to rot down meat, leftovers, dairy and bread at home, a bokashi system works well, and the fermented mixture can then be added to our compost bins.

## Bush Regeneration Treasure Hunt Quiz Answers:

Thanks to everyone for being a detective to identify the native Wellington plants, up the hill in our park. The ten plants identified were:

- 1 Korokio Corokia cotoneaster or wire netting bush is a Wellington native and liked by both bird and lizards
- 2 Broom Cytisus scoparius is from the legume family sometimes used for broom-making originating from Europe
- 3 Common or English ivy Hedera helix from Europe is a tough plant growing just about everywhere making it very weedy
- 4 Pohuehue Muehlenbeckia australis is a Wellington native scrambling plant great for lizard homes
- 5 Grass from the Poaceae family on the meadow in the park is great food for human and animals originating from overseas. There are native Poaceae but not in this part of the park.
- 6 Wandering Willie Tradescantia fluminensis or spiderwort is not native and is known to cause allergy to some
- 7 Karo Pittosporum crassifolium or Pitch seed is a native from White Cliffs and East Cape north, that has gone weedy in Wellington. Its easily spread by birds
- 8 Mahoe Melicytus ramiflorus or Whitewood is a common native Wellington small tree
- 9 Ngaio Myoporum laetum with the purple or black leaf buds is native to Wellington and grows well near the coast.
- 10 New Zealand spinach Tetragonia implexicoma is a ground cover plant native to Wellington especially near the coast, and used by Captain Cook as an antiscorbutic to combat scurvy.

# JUST PATERSON - Caroline's Corner

I love getting calls and meeting up with Mt Victoria newsletter readers. A recent call was from a person who has bought but never sold, that wanted to know the ins and outs of selling their homes.

I will share a snippet of what we talked about because I thought the very first question they asked me was fascinating - what should I be looking for in a real estate agent - because trust and confidence are keys to success.

- Does this person have bucket loads of energy and enthusiasm?
- Does this person understand and get my home?
- Does this person have my best interest, not theirs, at heart?
- Does this person and who they work for resonate with me?
- Look past the smoke and mirrors to see what substance lies beneath!

I am happy to discuss in more depth. You don't need to be selling right now. I am always happy to chat on the phone or meet up for a complimentary coffee or tea.



**Caroline Collison**  
027 566 1666  
caroline@justpaterson.co.nz

Living and Selling in Your Neighbourhood



carolinejh



carolinejustpaterson

## RECENT MT VICTORIA SALES STATISTICS FROM REINZ

Queen Street	\$432,000
Brougham Street	\$432,000
Hania Street	\$505,750
Eafts Terrace	\$470,000



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## Classes & Groups

### Wellington Central Grey Power.

www.greypowerwellington.org.nz You can sign up by email greypowerwellington@gmail.com OR phone 471 114 Caroline Hubbard

**Over the Rainbow Dance Classes** Plimmer House Innermost Gardens Creative Ballet, Jazz & Preschool classes. Affordable & quality classes. www.overtherainbow.dance

### Feldenkrais - Monday (School term) Clyde

Quay School at 6pm.  
Call Sue 027 466 712

**Transition Towns Mt Victoria** The April meeting for 2018 will be on Tuesday 10 April beginning 7:30pm, at 24e Elizabeth St. Showing still to be decided. All welcome. For more information contact Frank Cook at 027-649-6508

**Peak Players Table Tennis** - Mon 9.30-12pm; Wed 1.30-4pm. Constable St. end of Alexandra Rd. \$4 Diana Winn winnich@xtra.co.nz or 801-9556. Seniors especially welcome.

### PikoPiko Clyde Quay Kindergarten

Mon-Fri 8.45-2.45pm, @ Elizabeth & Brougham. Offers 20 hours ECE. 04.385.0441 or www.wmkindergartens.org.nz

### Crossways Community Crèche

Mon-Fri 8:30-1:15pm, 61 Majoribanks St. Parent-run early learning centre. Contact 04.384.8201 or email enrolments@crosswayscreche.org.nz

**Tai Chi** - Friday Mornings at the Irish Society, 10 Fifeshire Avenue. 10am

**Ukes & Roses** Uke Cafe, Empathy Cafe, Death Cafe, Meditation Cafe, Soul Cafe are coming to the Mt Vic Hub. Please check the Mt Vic Hub website under 'Find A Group' for listings and details. Enquiries to Sophia Ph/Text 027 345 2010 Email: sophiatara8@gmail.com www.sophiatara.com

Death Cafe is the next meeting on Sunday 15 April @ 2pm - 4pm in the Mt Vic Hub

**Shut Up and Dance!** Want to learn how to dance to Beyoncé's "Single Ladies" or Michael Jackson's "Beat It"? Wellington Irish Society, 10 Fifeshire Avenue Thursday - 7.30pm www.shutupanddance.co or check Facebook

**Mt Victoria Toastmasters** at Tararua Tramping Club, Moncrieff St. See website for class times and dates https://mtvicttoastmasters.org.nz

## What's On in April?

- **Wahine 50:** Tuesday 10 April at various venues. commemorative 50th anniversary event for those who lost their lives when the Wahine passenger ferry sank at the entrance to Wellington Harbour. Visit wahine50.org.nz
- **Following Chinese Footprints - A Chinese History Walk:** Saturday 14 April - Wellington Museum \$20. Booking are essential museums Visit wellington.org.nz
- **ANZAC Day:** Wednesday 25 April Commemorative services and events at various venues. Visit mch.govt.nz/anzac-day



WHEN YOU SPEND \$25 OR MORE ONLINE. JUST USE THE BELOW CODE:

WEBSITE CODE:

MTVIC666

HELL.CO.NZ

THIS OFFER IS ONLY AVAILABLE TO MT. VICTORIA RESIDENTS. OFFER IS ONLY AVAILABLE FROM HELL CUBA ST, BOND ST & HATAITAI. NOT AVAILABEL IN CONJUNCTION WITH ANY OTHER OFFER. STANDARD T&C'S APPLY. OFFER EXPIRES 30TH JUNE 2018.

## ISGCNZ University of Otago Sheilah Winn Shakespeare Festival Wellington

Come and see what local youth can do with performances of 5- and 15-minute scenes from Shakespeare's plays and see what's happening at Wellington East Girls' College at the same time. Wellington Regional UOSWSF will take place on the 10th, 11th and 12th of April from 7pm at Wellington East Girls' College Hall.

Who knows what this year will present. What we do know is that it is going to be a smorgasbord of Shakespeare.

See the website for details: www.sgcnz.org.nz M: (027) 283 6016

Dates: Tues 10th, Wed 11th, Thurs 12th April 2018

Time: 7pm-9.30pm

Venue: Wellington East Girls' College, Austin Street, Mt Victoria, Wellington

Buy tickets at eventbrite.co.nz!



Predator Free Mt Vic is a new backyard trapping group, covering the suburbs of Mt Victoria, Oriental Bay, Roseneath and Hataitai.

This community-led initiative is working alongside other predator free groups around the city, to help bring back the dawn chorus to Wellington.

For a koha of \$25, we will provide a humane trap enclosed in child and pet-safe trapping boxes, with lots of regular tips and support. The money will go towards purchasing more traps.

If you're interested, please get in touch:

Online form: bit.ly/PredatorFreeMtVic

Email: predatorfreemtvic@gmail.com

Phone: Ian Robertson, (027) 449 1489

By getting involved and trapping introduced predators in your backyard, you can actively contribute to the return of native wildlife to our beautiful city.

If you would like to contribute or send feedback to the newsletter or help out your community centre in any way please get in touch, we would love to hear from you Email: hello@mtvichub.org.nz or Tel: (021) 765 525 or (04) 3901411